Rowntree GARDENS
A Life Plan Senior Community
Where devotion meets compassion.

Elmwood Care Center Activity Calendar

November 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Rise & Shine Visits Daily News Distribution *10:00 Chapel Service @Chapel* 11:00 Classic TV Show 11:30 Lunch with Music 1x1 Room Visits *2:30 Afternoon Dominoes* 5:00 Dinner Time	**2** *Catholic Communion Visits* 10:00 Songs of Faith & Fellowship 10:15 Morning Stretch 10:30 Arts and Crafts 11:30 Lunch with Music 11:45 Cookie Time 2:30 Catholic Rosary	**3** Rise & Shine Visits 10:00 Daily Chronicle and Music 10:15 Morning Fitness *10:30 Bingo Time* 11:15 Lunch Set Up 11:30 Lunch with Music 3:15 Busy Cart Rounds 5:00 Dinner With Music	**4** Rise & Shine Visits 10:00 Songs of Faith & Fellowship 10:15: Morning Fitness 10:30 Detective Game with Coffee and Snacks 11:30 Lunch and Music *3:00 Afternoon Dominoes* 4:00 Afternoon Flowers	**5** Rise & Shine Visits 10:00 Daily Chronicle and Music *10:15 Balance and Mobility* 10:45 The Lucy Show 11:15 Lunch set up with music 11:30 Lunch with Music 3:30 Monthly Birthday Social 5:00 Dinner With Music	**6** Rise & Shine Visits 10:00 Songs of Faith & Fellowship *10:15 Chair Zumba With Sue* 10:45 Bingo Ticket Exchange 11:30 Lunch with music *1:30 Veteran's Pinning Ceremony* 5:00 Dinner With Music	**7** Rise & Shine Visits Daily News Distribution 10:00 Morning Music 10:15 Fitness Video *10:30 Bingo Time* 11:30 Lunch with Music 5:00 Dinner Time Game Shows: CH 57-1
8 Rise & Shine Visits Daily News Distribution *10:00 Chapel Service @Chapel* 11:00 Classic TV Show 11:30 Lunch with Music 1x1 Room Visits *2:30 Afternoon Dominoes* 5:00 Dinner Time	**9** 10:00 Songs of Faith & Fellowship 10:15 Morning Stretch 10:30 Arts and Crafts- Button Pumpkin Greeting Card 11:30 Lunch with Music 11:45 Cookie Time 2:30 Catholic Rosary Game Shows: CH 57-1	**10** Rise & Shine Visits 10:00 Daily Chronicle and Music 10:15 Morning Fitness *10:30 Resident Council Meeting* 11:15 Lunch Set Up 11:30 Lunch with Music 3:15 Classic TV 5:00 Dinner with Music	**11** Rise & Shine Visits 10:00 Patriotic Sing Along 10:15: Morning Fitness *10:30 Pita Pizza making class* 11:00 Travel Video 11:30 Lunch and Music ***4:30 Candlelight Dinner PDR*** Game Shows: CH 57-1	**12** Rise & Shine Visits 10:00 Daily Chronicle and Music *10:15 Balance and Mobility* 10:45 Trivia 11:15 Lunch set up with music 11:30 Lunch and Music 3:15 Afternoon Nail Care 5:00 Dinner With Music	**13** Rise & Shine Visits 10:00 Songs of Faith & Fellowship *10:15 Cardio Drumming Exercise* *10:45 Bingo Ticket Exchange* 11:00 Lucy Show 11:30 Lunch with music *1:30 Entertainment: Chime Choir* 5:00 Dinner With Music	**14** Rise & Shine Visits Daily News Distribution 10:00 Morning Music 10:15 Fitness Video *10:30 Bingo Time* 11:30 Lunch with Music 5:00 Dinner Time Game Shows: CH 57-1
15 Rise & Shine Visits Daily News Distribution *10:00 Chapel Service @Chapel* 11:00 Classic TV Show 11:30 Lunch with Music 1x1 Room Visits *2:30 Afternoon Dominoes* 5:00 Dinner Time	**16** *Catholic Communion Visits* 10:00 Songs of Faith & Fellowship 10:15 Morning Stretch 10:30 Arts and Crafts 11:30 Lunch with Music 11:45 Cookie Time 2:30 Catholic Rosary Game Shows: CH 57-1	**17** Rise & Shine Visits 10:00 Daily Chronicle and Music 10:15 Morning Fitness *10:30 Bingo Time* 11:15 Lunch Set up 11:30 Lunch with Music 3:15 Busy Cart Rounds 5:00 Dinner with Music	**18** Rise & Shine Visits 10:00 Songs of Faith & Fellowship 10:15 Morning Fitness 10:30 Cooking Club 11:30 Lunch and Music *2:45 Catholic Mass in the Chapel* *3:45 Afternoon Flowers*	**19** Rise & Shine visits 10:00 Daily Chronicle and Music *10:15 Balance and Mobility* *10:45 Nutrition Talk With Dietitian Megan* *1:00 Entertainment: Alamitos Middle School Choir, Band & Orchestra* *2:00 Sunshine Cafe With GMC* 3:15 Afternoon Movie	**20** Rise & Shine Visits 10:00 Songs of Faith & Fellowship *10:15 Chair Zumba With Sue* 10:30 Classic TV Time 10:45 Bingo Ticket Exchange 11:30 Lunch with music *1:30 Entertainment-Bruce Gallucci* 5:00 Dinner With Music	**21** Rise & Shine Visits Daily News Distribution 10:00 Morning Music 10:15 Fitness Video *10:30 Bingo Time* 11:30 Lunch with Music 5:00 Dinner Time Game Shows: CH 57-1
22 Rise & Shine Visits Daily News Distribution *10:00 Chapel Service @Chapel* 11:00 Classic TV Show 11:30 Lunch with Music 1x1 Room Visits *2:30 Afternoon Dominoes* 5:00 Dinner Time	**23** Rise & Shine Visits 10:00 Songs of Faith & Fellowship 10:15 Morning Stretch 10:30 Arts and Crafts 11:30 Lunch with Music 11:45 Cookie Time 2:30 Catholic Rosary Game Shows: CH 57-1	**24** Rise & Shine Visits 10:00 Daily Chronicle and Music 10:15 Morning Fitness *10:30 Bingo Time* 11:15 Lunch Set up 11:30 Lunch with Music 3:15 Classic TV 5:00 Dinner with Music	**25** Rise & Shine Visits 10:00 Morning Music 10:15: Morning Fitness *10:30 Musical Event- David Turner* 11:00 Travel Video 11:30 Lunch and Music *3:00 Afternoon Dominoes* 4:00 Afternoon Flowers	**26** Rise & Shine Visits 10:15 Balance and Mobility 10:45 Macy's Parade 11:15 Thanksgiving social 11:30 Thanksgiving Lunch 1:45 Harvest Punch Cart Happy Thanksgiving	**27** Rise & Shine Visits 10:00 Songs of Faith & Fellowship *10:15 Chair Fitness* *10:30 Morning Movie Part 1- Mame 1974 starring Lucille Ball* 11:30 Lunch with music *1:30 Entertainment- Greg Smith* 5:00 Dinner With Music	**28** Rise & Shine Visits Daily News Distribution 10:00 Morning Music 10:15 Fitness Video *10:30 Bingo Time* 11:30 Lunch with Music 5:00 Dinner Time Game Shows: CH 57-1
29 Rise & Shine Visits Daily News Distribution *10:00 Chapel Service @Chapel* 11:00 Classic TV Show 11:30 Lunch with Music 1x1 Room Visits *2:30 Afternoon Dominoes* 5:00 Dinner Time	**30** Rise & Shine Visits 10:00 Songs of Faith & Fellowship 10:15 Morning Stretch 10:30 Arts and Crafts 11:30 Lunch with Music 11:45 Cookie Time 2:30 Catholic Rosary Game Shows: CH 57-1	let us be THANKFUL	**Rise & Shine Visits -** Daily room visits 1x1 Room Visits Provided 3 Times A Week.	**Important Info:** Catholic Visits - 1st, 3rd Monday Morning Catholic Mass- 3rd Wednesday of the Month Chapel Every Sunday @ 10am **Family Council Meeting Monthly in P.D.R.** - Fire Side Lounge - Main Court Yard -Private Dining Room	**Fruit of the Month:** *Available Monday– Friday during Lunch*	

Activities Are Subject To Change Without Notice

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(714) 971-6866

Ombudsman:
800-300-6888

ECC Nurses Station Ext: 865/866
ECC Activity Dept Ext: 624
Kitchen Tray Line Ext: 526

ECC Activity Director: Karla T.
ECC Activity Assistant: Cecilia R./
Michael C. / Cobi N.