

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10:00pm-Chapel Service 12:30pm- Daily Chronicles 1:00pm- Hymns Sing-Along 2:00pm- BINGO! 5:00pm- New Year's Special Movie: Notting Hill</p> <p>New Year's Day</p>	<p>9:30am- iN2L Fitness 10:00am- Daily Chronicles 12:30pm- Art for All Ages 2:00pm- Bingo 2:30pm- <i>Rosary Prayer Group</i> 3:30pm- Scripture Reading (MI) 5:00pm- Current Events</p>	<p>9:00am- Sing-Along 10:00am- Daily Chronicles 12:30pm- Travel w/ Rick Steve's 1:30pm- Balance and Mobility w/ Rose (MI) 2:00pm- Cooking Class 3:00pm- Karaoke Time 5:00pm- iN2L Radio Hour</p>	<p>9:30am-iN2L Fitness 10:00am- Daily Chronicles 12:30pm- Flower Club (MI) 2:00pm- Racket Balloon Toss 3:30pm- Monthly Committee Meet (MI) 5:00pm-Documentary Night: Down To Earth</p>	<p>9:30am- Sing-Along 10:30am-Daily Chronicles 12:30pm- Ageless Pool 1:30pm- Balance and Mobility w/ Rose (MI) 2:30pm- Memories in the Making (MI) 5:00pm- Current Events</p>	<p>8:30am- Fitness W/ Marcelle (NOCE) 10:30am- Daily Chronicle 12:30pm- Faith and Music 1:30pm- Music Bingo 3:15pm- Family Feud (iN2L) 5:00pm- Corner Shop Time</p>	<p>9:00am- Travel Lodge Guide 9:30am- Daily Chronicle 12:30pm- Creative Hour 1:30pm- Spa Day w/ Janas 2:30pm- iN2L Trivia 5:00pm- iN2L Radio Hour</p>
<p>10:00pm-Chapel Service 12:30pm- Daily Chronicles 1:00pm- Hymns Sing-Along 2:00pm- BINGO! 5:00pm- Movie Night: Hachi</p>	<p>9:30am- iN2L Fitness 10:00am- Daily Chronicles 12:30pm- Art for All Ages 2:00pm- Bingo 2:30pm- <i>Rosary Prayer Group</i> 3:30pm- Scripture Reading (MI) 5:00pm- Current Events</p>	<p>9:00am- Sing-Along 10:00am- Daily Chronicles 12:30pm- Travel w/ Rick Steve's 1:30pm- Balance and Mobility w/ Rose (MI) 2:00pm- Cooking Class 3:00pm- <i>Faith & Music w/ Joel (MI)</i> 5:00pm- iN2L Radio Hour</p>	<p>9:30am-iN2L Fitness 10:00am- Daily Chronicles 12:30pm- Flower Club (MI) 2:00pm- Racket Balloon Toss 3:30pm- Reading Club (MI) 5:00pm-Documentary Night: Absurd Planet</p>	<p>9:30am- Sing-Along 10:30am-Daily Chronicles 12:30pm- Ageless Pool 1:30pm- Balance and Mobility w/ Rose (MI) 2:30pm- Craft Hour: <i>Water Bead Air Fresheners</i> 5:00pm- Current Events</p>	<p>8:30am- Fitness W/ Marcelle (NOCE) 10:30am- Daily Chronicle 12:30pm- Faith and Music 1:00pm- Scripture Reading (MI) 2:00pm- Music Bingo 3:15pm- Family Feud (iN2L) 5:00pm- Corner Shop Time</p>	<p>9:00am- Travel Lodge Guide 9:30am- Daily Chronicle 12:30pm- Creative Hour 1:30pm- Spa Day w/ Janas 2:30pm- iN2L Trivia 5:00pm- iN2L Radio Hour</p>
<p>10:00pm-Chapel Service 12:30pm- Daily Chronicles 1:00pm- Hymns Sing-Along 2:00pm- BINGO! 5:00pm- Movie Night: City Slickers</p>	<p>9:30am- iN2L Fitness 10:00am- Daily Chronicles 12:30pm- Art for All Ages 2:00pm- Bingo 2:30pm- <i>Rosary Prayer Group</i> 3:30pm- Scripture Reading (MI) 5:00pm- Current Events</p> <p>Martin Luther King Jr. Day</p>	<p>9:00am- Music W/ Pat (NOCE) 10:00am- Daily Chronicles 12:30pm- Travel w/ Rick Steve's 1:30pm- Balance and Mobility w/ Rose (MI) 2:00pm- Ginkgo Café (MI) 3:00pm- Karaoke Time 5:00pm- iN2L Radio Hour</p>	<p>9:30am-iN2L Fitness 10:00am- Daily Chronicles 12:30pm- Flower Club (MI) 1:30pm- Fitness W/ Marcelle (NOCE) 3:30pm- Reading Club (MI) 5:00pm-Documentary Night: Down to Earth</p>	<p>9:30am- Sing-Along 10:30am-Daily Chronicles 12:30pm- Ageless Pool 1:30pm- Balance and Mobility w/ Rose (MI) 2:30pm- Memories in the Making (MI) 5:00pm- Current Events w/Joy (NOCE)</p>	<p>8:30am- Fitness W/ Marcelle (NOCE) 10:30am- Daily Chronicle 12:30pm- Faith and Music 1:00pm- End of month Birthday Social 2:00pm- Music Bingo 3:15pm- Family Feud (iN2L) 5:00pm- Corner Shop Time</p>	<p>9:00am- Travel Lodge Guide 9:30am- Daily Chronicle 12:30pm- Creative Hour 1:30pm- Spa Day w/ Janas 2:30pm- iN2L Trivia 5:00pm- iN2L Radio Hour</p>
<p>10:00pm-Chapel Service 12:30pm- Daily Chronicles 1:00pm- Hymns Sing-Along 2:00pm- BINGO! 5:00pm- Movie Night: Won't you be my Neighbor</p> <p>Chinese New Year (Year of the Rabbit)</p>	<p>9:30am- iN2L Fitness 10:00am- Daily Chronicles 12:30pm- Art for All Ages 2:00pm- Bingo 2:30pm- <i>Rosary Prayer Group</i> 3:30pm- Scripture Reading (MI) 5:00pm- Current Events w/Joy (NOCE)</p> <p>Activity Professionals Week</p>	<p>9:00am- Music W/ Pat (NOCE) 10:00am- Daily Chronicles 12:30pm- Travel w/ Rick Steve's 1:30pm- Balance and Mobility w/ Rose (MI) 2:00pm- Cooking Class 3:00pm- <i>Faith & Music w/ Joel (MI)</i> 5:00pm- iN2L Radio Hour</p>	<p>9:30am-iN2L Fitness 10:00am- Daily Chronicles 12:30pm- Flower Club (MI) 1:30pm- Fitness W/ Marcelle (NOCE) 3:30pm- Reading Club (MI) 5:00pm-Documentary Night: David Attenborough Color on Earth</p>	<p>9:30am- Sing-Along 10:30am-Daily Chronicles 12:30pm- Ageless Pool 1:30pm- Balance and Mobility w/ Rose (MI) 2:30pm- Craft Hour: <i>"You've Got Mail"</i> 5:00pm- Current Events w/Joy (NOCE)</p> <p>Australia Day (observed)</p>	<p>8:30am- Fitness W/ Marcelle (NOCE) 10:30am- Daily Chronicle 12:30pm- Faith and Music 1:00pm- Scripture Reading (MI) 2:00pm- Music Bingo 3:15pm- Family Feud (iN2L) 5:00pm- Corner Shop Time</p>	<p>9:00am- Travel Lodge Guide 9:30am- Daily Chronicle 12:30pm- Creative Hour 1:30pm- Spa Day w/ Janas 2:30pm- iN2L Trivia 5:00pm- iN2L Radio Hour</p>
<p>10:00pm-Chapel Service 12:30pm- Daily Chronicles 1:00pm- Hymns Sing-Along 2:00pm- BINGO! 5:00pm- Movie Night: Little Boy</p>	<p>9:30am- iN2L Fitness 10:00am- Daily Chronicles 12:30pm- Art for All Ages 2:00pm- Bingo 2:30pm- <i>Rosary Prayer Group</i> 3:30pm- Scripture Reading (MI) 5:00pm- Current Events w/Joy (NOCE)</p>	<p>9:00am- Music W/ Pat (NOCE) 10:00am- Daily Chronicles 12:30pm- Travel w/ Rick Steve's 1:30pm- Balance and Mobility w/ Rose (MI) 2:00pm- Cooking Class 3:00pm- Karaoke Time 5:00pm- iN2L Radio Hour</p>	<h1>January 2023</h1> <h2>Gardens Memory Care</h2>			

Activities are modified for individuals needs | Activities are subject to change without prior notice | FL- Friendship Lounge, D- Dining Room, MI- Montessori Inspired, FS- Fireside GR- Garden Room, CC- Chapel Courtyard