



Stanton's 15th Annual

# SENIOR Health & Wellness EXPO

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October 20, 2018

10:00AM - 2:30PM

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HOSTED BY



## Experience, Enjoy & Engage in Life!

Join special guest and radio icon **Tim Conway Jr.** at Stanton's 15th Annual Senior Health & Wellness Expo hosted by Rowntree Gardens. We'll be welcoming internationally-known aging expert and cognitive health author, **Cameron J. Camp, Ph.D.** as our keynote speaker. The Expo is a great way to explore, experience, and engage in new ways to stay active, curious, and love life at every age.

For more info, contact Jolene at (714) 829-9519  
or [JoleneC@RowntreeGardens.org](mailto:JoleneC@RowntreeGardens.org)



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# SENIOR Health & Wellness EXPO

October 20<sup>th</sup>  
10AM-2:30PM

Rowntree Gardens  
12151 Dale Street  
Stanton, CA 90680



Engage with more than 20 vendors ready to help you enjoy a healthy, active life.

Meet popular radio talk show host, **Tim Conway Jr.**

Learn from **Dr. Cameron J. Camp** as he shares exciting innovations that meaningfully improve the lives of those living with dementia.

- Take advantage of free flu shots, blood pressure testing, and health screenings.
- Enjoy nutritious snacks and smoothies.
- Experience the benefits of massage, essential oils, and therapy dogs.
- Enter to win great prizes in our raffle giveaways.
- Get energized with our dance instruction team.
- Share sweets with new friends during the closing reception.